



# ◆ THIS WEEK ◆

28th March, 2016

Every Day Is A Uniform Day At Bomaderry High

Term 1 Week 10

## COMING EVENTS

### Monday, 28th March, 2016 - Day 1

- ✓ Easter Monday.

### Tuesday, 29th March, 2016 - Day 2

- ✓ Year 12 Exams begin.

### Wednesday, 30th March, 2016 - Day 3

- ✓ Year 12 Exams continue.
- ✓ South Coast Girls Basketball Finals. Mr Arthur I/C.

### Thursday, 31st March, 2016 - Day 4

- ✓ Year 12 Exams continue.
- ✓ Year 11 Biology Excursion to Bundanon. Mr Hinde and Mrs Russell I/C.

### Friday, 1st April, 2016 - Day 5

- ✓ Year 12 Exams continue.
- ✓ South Coast Open Boys Basketball Final. Beaton Park. Mr Arthur I/C.
- ✓ Asia Expo Bomaderry Public School and Kangaroo Valley Public School students to visit BHS. Mrs Brewitt and Mr Arthur I/C.

## Positive Thought for the Week

A bad attitude is like a flat tyre. You can't go anywhere till you change it!

## Canteen Corner

The canteen will change over to the winter menu for the start of Term 2 so even though the days are getting cooler, you can warm up with Spaghetti Bolognese or a Soup of the Day. Remember there's no Daily Specials or online orders available during the last week of term!

## P&C Bits and Pieces

Keep an eye out for details about our Movie Night happening at Roxy Cinema early next term. Get your friends together and share in the fun at our exclusive Bomaderry High screening of X-Men: Apocalypse.

## Year 7 Vaccinations

The Year 7 Vaccination Clinic will be on Tuesday, 5th April, 2016.

Year 7 will have;

- ◆ Dose 1 of HPV
- ◆ Single dose of dTpa

Year 8 catch up vaccinations will also be offered.

For more information, visit the Ministry of Health Website:

<http://www.health.nsw.gov/immunisation/Pages/schoolvaccination.aspx>

## Nowra Coaches Bus Changes

Commencing on Wednesday, 27th April, 2016, students presently travelling on:

### 27am - to Bomaderry High School

will be required to transfer onto Bus 4 at Shoalhaven High School or onto Bus 4 at St Michaels School. Bus 27am will no longer attend Bomaderry High School. This is to ensure that all students arrive within the correct times. Parents or students wishing additional information or clarification can contact Nowra Coaches Pty Ltd on 4423 5244.

## Sports Group -

### Year 9, 10 and 11 Boys Sport - Thursday

Group	Sport
Boys 1	Basketball
Boys 2	Touch Football
Boys 3	Walking
Boys 4	Cricket
Boys 5	Indoor Hockey
Boys 6	Soccer

### Year 9, 10 and 11 Girls Sport - Thursday

Group	Sport
Girls 1	T- Ball
Girls 2	Frisbee
Girls 3	Netball
Girls 4	Volleyball
Girls 5	Wood Cricket

## Beach Sports

On Thursdays students in Beach Sports must meet at the start of lunch at the front of the school. Cost is \$5 every week.

## Years 7 & 8 Term 2 Sport

In Term 2, there will be the opportunity for students to select a sport as an alternative to the sport rotation. A Soccer Clinic will be conducted by Regional Soccer development officers over the ten week term. Students from Years 7 & 8 are able to apply for this program at the PE Staffroom. There will be a limited number of places so it is important that students apply before the end of Term. Students in Year 8 are also able to apply to attend Ten Pin Bowling as a sport in Term 2 by collecting a permission note from the PE Staffroom and returning it signed by a Parent/Guardian by the end of Term.

All other students in Years 7 & 8 will be placed in a group and complete a sport rotation throughout the Term.

## Careers News with Mr Cork

*Quote of the week* - "My grandfather once told me that there were two kinds of people: those who do the work and those who take the credit. He told me to try to be in the first group; there was much less competition," Indira Gandhi.

*Website of the week:* [www.bomaderryhighcareers.com.au](http://www.bomaderryhighcareers.com.au)

**Work Experience** is fast approaching for all of our Year 10 students. Once you have had your contract signed, hand it in to Mr Cork. If you are having difficulties see Mr Cork ASAP.

Our next **"White Card"** course due to be delivered by Combined Safety Solutions here at Bomaderry High School has moved from Thursday, 19th May to Thursday, 2nd June. The cost is \$120. See Mr Cork to collect a permission note and pay your money at the Front Office. Only 20 places available.

**Attention students and parents**, the website of the week, thanks to Mr Jones is now available on the Bomaderry High School website. This excellent resource is a one stop shop for students and parents, with all things to do with careers. Check it out!

**Attention Year 10 students and parents.** All Year 10 have produced a Careers Report through **"mycareermatch"**. Please go through the report with your child. It provides a great discussion point, prior to the subject selection for Year 11, plus options for those students wishing to leave at the end of the year.

**UMAT** applications are open for 2016. They will close on Friday, 3rd June, 2016. The test is Wednesday, 27th July, 2016. This is for all medical careers.

**Attention Year 12** - students wishing to do **RSA & RCG** training during the holidays, contact Coast & Country on 1800 706 306. Courses will be held at Bomaderry Bowling Club on 12th and 13th April, 2016. Flyers are also available from outside my office.

**HVTC-** The Hunter Valley Training Company is offering a FREE assessment report here at Bomaderry High for any of our students who are interested in exploring their options. HVTC is a state wide group training company with an office in Nowra. Many of the large local companies source their traineeships and apprenticeships through HVTC. Debbie Jones from HVTC will come to BHS in the near future to complete the assessment tests. See Mr Cork to register.

**What is PODIATRY?** Podiatry is the profession that deals with conditions affecting the human foot. There are 4 undergraduate degrees in Podiatry in NSW at Western Sydney Uni, Charles Sturt Uni, Newcastle Uni, and CQU from QLD also has a campus in Sydney.

**The Illawarra Careers Expo** is on 10th and 11th May, 2016 at BHP Stadium, Waples Road, Unanderra. Bomaderry High students will be travelling up by bus on Wednesday, 11th May, 2016. The cost will be \$10 payable at the Front Office. This is the biggest careers expo outside of Sydney. If you are in Years 10, 11 or 12 and wish to explore your exit strategies out of BHS, this is a must. There will be universities attending as well as TAFE, Apprenticeship centres, Government Agencies, Defence, Private providers and much more. Limited spots are on the bus. Please see Mr Cork for a permission note and pay your \$10 at the Front Office.

**Defence Recruiting Wollongong** - please note they have moved from 25 Atchison St to Level 2, 96 Crown Street Wollongong, near the ANZ Bank. Phone: 4220 3307.

**UOW Shoalhaven** is holding a graduation ceremony on 3rd May, 2016 at the Entertainment Centre in Nowra. Robbie Collins would like to invite any ex Bomaderry High students who were linked to UOW Shoalhaven to attend. Starts at 2.30pm.

### Put this Date in Your Diary!

The Shoalhaven Disability Forum has combined with the HACC Forum to hold the Ageing and Disability Lifestyle Options Expo. It will be held at the Shoalhaven Entertainment Centre on Monday the 4th of April 2016 from 10am to 2pm. More details to follow.

### Free Indigenous Tennis Come and Try Day

The Evonne Goolagong Foundation welcomes you to the Dream, Believe, Learn, Achieve Indigenous Tennis Come and Try Day which is supported by the Australian Government. This is a great way to have fun and give tennis a go! The Day is for Indigenous Boys and Girls aged 5 to 15 years old and is a free event. Racquets and lunch will be provided.

**When:** Thursday, 31st of March, 2016, 10am to 2pm

**Where:** Shoalhaven District Tennis Association, Narang Road, Bomaderry (behind Bowling Alley).

**RSVP:** Anzac Leidig, National Indigenous Head Coach. Phone: 0497 583 206

Email: [a.leidig@evonnegoolagongfoundation.org.au](mailto:a.leidig@evonnegoolagongfoundation.org.au)

### Waminda's Young Koori Women's Group

**Where:** Nowra Youth Centre

**When:** Every second Wednesday (next meeting 6th April, 2016)

**Time:** 4 - 5:30pm

Transport is available, contact Natalie or Maiki on 4421 7400.

**Illaroo Football Club (Soccer)** are seeking girls for both Under 12 and Under 14 girls Competitions for 2016. Games are held Saturday mornings with training one night through the week. Season commences 2nd April, 2016. Contact Susan Courtney at [illarroofc@yahoo.com.au](mailto:illarroofc@yahoo.com.au).

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